



## ENCOURAGING WOMEN IN MEDICAL SCIENCES AS A MEDICAL STUDENT JOURNAL

As the position of women in society has evolved over the years, it is inevitable that their roles within professional groups will also change. However, stigma, anxiety, and both verbal and physical abuse against women have not yet disappeared (1). The challenges of studying medicine are already significant in terms of mental health, and the additional burdens placed on women put those striving to advance their careers in medical sciences at a disadvantage (2).

This is why we still need women to be present in scholarly publications, conferences, and leadership positions as role models. Increased representation can inspire other women and girls, and by sharing diverse experiences, we gain valuable perspectives that contribute to a more comprehensive understanding of the issues we face in our field.

To that end, it is essential to increase the publication of female medical students, support them in their publishing endeavors, and provide guidance throughout their careers. As medical student journals, it is both our vision and honor to represent the views and opinions of women in their research fields, along with their experiences and challenges. We must strive to create a future where women feel safe and healthy in their careers by ensuring our publication processes use neutral and unbiased language and maintain gender balance on the editorial board (1).

With our February issue, we celebrate International Day of Women and Girls in Science and International Women's Day in support of a more equal and healthier future.

**Sıla Ece Tiryaki**

**Editor-in-Chief, Turkish Medical Student Journal**

### REFERENCES

1. Geagea A, Mehta S. Advancing women in academic medicine: ten strategies to use every day. *Can J Anaesth.* 2020;67(1):9-12. [\[Crossref\]](#)
2. Koçyiğit B. Mental health in academia. *Turk Med Stud J.* 2022;9(3):0-0. [\[Crossref\]](#)